

RBC Canadian Open

Thursday, June 11, 2026

Caledon, Ontario, Canada

TPC Toronto at Osprey Valley (North Course)

Matt Anderson

Press Conference

Q. You obviously had an incredible round out there. What was working for you?

MATT ANDERSON: I would say I hit my irons pretty well today. You know, haven't really been hitting them too well lately and just kind of, you know, found something with my turn, rotation. Just kind of clicked today. Was hitting it really nice.

Obviously putted well. I mean, you can't shoot 6-under probably on most golf courses without putting well. Just generally, all around pretty solid. I liked my attitude. Just kind of went one shot at a time. Just tried to keep going and see where we end up.

Q. Obviously you were in the last group of the day. Have you ever been in a position like this where you had such a great round, but also the crowds are clearing out and people are starting to pack up?

MATT ANDERSON: Not really, honestly. I mean, I had a few obviously supporters out there with me, which was really nice. Kind of with the quiet golf course kind of to hear a loud cheer when you make a birdie is kind of cool obviously.

Yeah, no, definitely not like in the mix, I guess, or on any day where it's, like, just kind of dead out there. It was interesting, but I wasn't really too focused on that, I guess.

Q. Matt, when and I guess how or with whom did you find that flaw in your swing that you were able to fix? Is that this week or...

MATT ANDERSON: Listen, you're always working on stuff. I found I obviously haven't played my best recently like on Korn Ferry. You're always working on stuff. You're always working on things you can get a little better at, and you never know when it's going to click. It happened to kind of click today.

I felt like I've been progressing for a little while. Results just didn't show yet. Coming into this week, I felt really



good, and just kind of went with it, right? I knew I could play good at any time. It just kind of depends when. You just got to be patient.

Q. When you have that knowledge, okay, I think I've got things figured out, is there extra excitement going to the first tee because you kind of can't wait to see if you can put it into play?

MATT ANDERSON: Possibly, but if you have that, then if you hit a bad shot, then you can be pretty disappointed quickly. Kind of in my last event, I kind of felt that way. I was playing pretty well and hit a bad shot my second hole of the day, and it was kind of like, oh, well, now we're back, or whatever.

So as best you can, prepare. I'm obviously always working on stuff, but no matter what, just try and be one shot at a time, do your best, and kind of see where you end up, right?

Q. I know you're only a few moments removed from finishing your round, but what do you think the key will be to kind of resetting and going back out there tomorrow morning and keep it going?

MATT ANDERSON: I mean, I'm probably just going to hop in the cold tub because I did yesterday, so I feel like maybe we should just do that again.

Yeah, it was a long day. I'm going to get a good sleep. I'm going to just try my best to take it one shot at a time just like I did today and full send on every shot like I try and do.

As long as we do that, I'll be happy with whatever happens. Just trying to keep doing the same thing.

Q. Obviously it will be the opposite tomorrow morning when you tee off again. There will be a packed house. You're very local to this course. Will you have friends and family out, or are you expecting to see familiar faces?

MATT ANDERSON: Definitely parents, family, yes, some friends for sure. I'll definitely see them around.



Q. You've obviously won professional tournaments before. What is sort of key mindset to carry this through the weekend?

MATT ANDERSON: Like I was kind of saying, the more you can kind of stay in your bubble, take it one shot at a time, try and do your best on every shot.

I mean, your thoughts are going to come. You're going to get ahead of yourself at times. I did today. You know, you kind of have the tactics to just kind of bring yourself back in and focus on what you're really trying to do. That's all you can do, so...

Q. When did you get ahead of yourself, would you say?

MATT ANDERSON: I wouldn't say I got ahead of myself at any point, but you know, I don't know if you have ever been out there or if you are in contention, you're going to have thoughts of what's going to happen in the future, winning, or what if I play well or make this or whatever, holes ahead. It's just natural, right?

Those thoughts are okay. When you notice them, you just kind of rear yourself back in, redirect your focus. What do I need to focus on this now, and do that.

Q. I know there's three days ahead, but tied for the lead of the RBC Canadian Open with five other guys, among them Brooks Koepka. How does that sound to you right now?

MATT ANDERSON: Cool, yeah. It's awesome. I definitely imagined being in contention this week. I had no doubts I could do it. Obviously feels great out there to feel the juices flowing and be in there and doing it.

It feels awesome. So keep doing it, yeah. Keep going.

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